

Pi lota Chapter

NEWSLETTER 2020 Vol. 23

President's Message

Angela Y.M. Leung, PhD

In the last few months, many of us are facing the challenges due to COVID-19. It is the most incredible experience in our lives with all sorts of struggling – what can we nurses do for patients in the hospital? What can we do for the community to protect them from infection? What can we nurses do for the residents in residential care homes? What can we (also Dad/Mum of the little kids, sons/daughters of our parents) do for the family members?

All these experiences build up our strength and capacity to proudly present ourselves as NURSES – Sigma NURSES. We take up roles in different settings, perform the best practice to save lives and protect ourselves. This is something that we should all proud of ourselves!

Nurses are always nurses – no matter where we are and what role we take. We care...

Although challenges from COVID-19 seem to be on-going in many places in the globe, we still need to work out how to continue our normal lives. Someone said, 'New Normal'! How could we lead our lives to 'new normal'?

One of the normal events is the Induction Ceremony and Annual General Meeting (AGM) in May every year. Well, this year, because of the COVID-19, the Board has decided to defer the Induction Ceremony to Dec 2020 (tentatively we plan to hold it on 12 Dec 2020 – easy to remember 2020.12.12) so that members can join the ceremony in persons. For the AGM, we decided to hold a virtual AGM using Zoom at 1000 on 23 May 2020. Oh....another illustration of new normal – using Zoom to meet!

We will send out Zoom link to all members by email. Please do join us in the very first virtual meeting.

May you be blessed and stay healthy. See you all in the virtual AGM soon.

Board of Directors (2018 - 2020)

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Program & Membership Involvement Cynthia HUIE-ROSE (Ms) (Chair) Sammei TAM (Ms) Emily LI (Miss) Esther WONG (Dr) (Overseen by VP)

Scholarship Grace XIE (Dr) (Chair) Rebecca POON (Ms)

Archivist Anna WONG (Miss) Roy YU (Mr)

Ex-officio Alice Yuen LOKE (Prof.) Claudia LAI (Prof.)

Angela Y.M. Leung, PhD President, PIC

The Annual General Meeting (AGM) on 23 May 2020 (Saturday) at 10:00am – the first virtual meeting in PIC

You are cordially invited to join the Annual General Meeting via Zoom. Please click this link to indicate your registration:

https://polyu.zoom.us/meeting/register/tJcsdO6hpjMqHNHh6OrkwPFN-G6LnAYicCAN

Upon receiving your registration, an email will be sent to you to show the link of the Zoom meeting. Please use password to enter the zoom meeting.

Should there be any queries about the registration of the virtual AGM, please feel free to call Ms. Kiki Chung at 2766 6406 or email kiki.chung@polyu.edu.hk

The 21st Induction Ceremony will be postponed to 12 Dec 2020 (tentatively). This is also the 20th Anniversary Ceremony. Please pencil your diary and reserve a day to join the celebration. Hope to see you all on that day.

Annual General Meeting and the 20th Induction Ceremony

The Pi lota Chapter (PIC), Sigma Theta Tau International Honor Society of Nursing, held the Annual General Meeting and the 20th Induction Ceremony on 25 May 2019 at PolyU. Dr Mary Foong, Principal Nursing Officer, Public Health Nursing Division of the Department of Health delivered a keynote speech at the event. Thirty-three people were inducted this year. The PIC scholarships (2018/2019) were presented to two nurse leaders.



Congratulations to the new inductees.



Dr. Mary Foong delivered a keynote speech "Preventive Health Care in Hong Kong: Challenges and Opportunities".

Community Leaders:

| CHANG Mang Chi | CHEUNG Teris | CHEUNG Yuk Yin Angel |
|----------------|------------------------|----------------------|
| DENG Renli | FOONG Mary | HO Ka Man |
| HO Hau Sim | KWOK Yan Yan, Jojo | LAM Ching, Simon |
| LEUNG Judy | MAK Po Ching | POON Wayne |
| NG Sze Ka | YEUNG Wing Yan, Joanna | |

Post-graduates:

| LI Yajie | MA Haixia | NIUYing |
|-------------|----------------|----------------|
| SO Wai Ming | TANG Shuk Kwan | WANG Shan Shan |
| XU Xin Yi | YAU Ka Chun | |

Undergraduates:

| CHAN Ying Tung | CHAN Wai Yan | CHEUNG Pui Lui |
|----------------|---------------|----------------|
| CHOI Pui Sze | CHONG Fai | LAU Hoi Yee |
| LUI Winnie | LUI Wing Lam | SHEK Ming Yan |
| TAM Tsun Hin | YEUNG Ho Tung | |

Síg

Workshop



PIC, Sigma organized the first "Paper writing advanced training workshop" for nursing scholars in May 2019.

Meetings

Board Members of Sigma's Pi lota Chapter met the Chief Executive Officer, Dr. Elizabeth Madigan (4th from right) of Sigma at the First Greater Bay Area Nursing Conference in Shenzhen, Mainland China.



Dr Angela Leung and Dr Janet Wong attended the 45th Biennial Convention of Sigma Theta Tau International Honor Society of Nursing in the US on 16-20 Nov 2019, and voted for the next board of directors.



Message from the Asian Coordinator of Sigma (2019-2021)

I am extremely fortunate to be selected as the Asian Coordinator of Sigma (2019-2021). This is also an honour of PIC. To serve the Asian region, I have the responsibility to connect all Asian chapters with the headquarters and assist them to achieve our common vision of global nursing excellence as Sigma Nurses. In January 2020, we have conducted our Asia Region Meeting at EAFONS in Chiangmai. We were glad to have representatives from different Chapters and four current and past Sigma Asia Regional Coordinators at



Asian Coordinators of Sigma. From left to right: Prof Misae Ito (2015-2017), Dr Claudia Lai (2013-2015), Dr Nada Lukkahata (2017-2019), Dr Janet Wong (2019-2021)

one place. In the past months, I have been exploring thinkers and contributors to join my team. We hope to work together and make a difference in nursing scholarship and practice.



Asia Region Meeting 2020 at EAFONS on 10 January 2020

Scholarship

Two outstanding projects were awarded scholarship in 2019. The awardees are:

Undergraduate student category: Mr Tzu-tsuen LUK, for his project

"Early childhood exposure to secondhand smoke and behavioural problems in preschoolers"

Research Student category: Mr Patrick KOR, for his project

"Effects of a modified mindfulness-based cognitive therapy for family caregivers of people with dementia: a pilot randomized controlled trial with a 3-month follow-up"



MrTzu-tsuen LUK, the awardee of the Scholarship in the undergraduate student category



Mr Patrick Kor, the awardee of the Scholarship in the research student category