

# Pi lota

## Honor Society of Nursing Sigma Theta Tau International

NEWSLETTER 2018 Vol. 21 Issue 1

### President's Message

Justina LIU

#### Dear Pi Iota Chapter (PIC) Members and Colleagues,

In the beginning of year 2018, I am very pleased to share some good news with all PIC members. Our Chapter has received recognition from Sigma Headquarters through the Showcase of Regional Excellence for the efforts to fulfill the STTI presidential call to action 2015-17 that includes advocacy and lifelong learning. I would like to express my sincere gratitude to all PIC board of directors for their hard work in keeping our members abreast of the Chapter's events.



In November, Dr. Rick Kwan (Chapter Secretary) and I attended the STTI 44th Biennial Convention in Indianapolis, Indiana, as delegates and representatives of PIC. I would like to highlight a couple of important messages about the new directions of the Headquarter.

#### Presidential call to action 2017-2019

The new Board of Directors and leadership team of Sigma Headquarter were installed at the STTI 44th Biennial Convention. You may visit the Sigma website to read the election results (<http://www.sigmanursing.org/connect-engage/news-detail/2017/11/01/sigma-announces-2017-2019-board-of-directors>). The new President for this biennium is Dr. Beth Baldwin Tigges. Under her leadership, her "Presidential call to action 2017-2019" is to call for nurses to "connect, collaborate, and catalyze" to advance world health.

- To connect with members, fellow nurses and partners to work together to enhance nursing excellence in scholarship, leadership and service.
- To collaborate with nurses and partners outside of nursing to be more successful in addressing complex health issues.
- To catalyst for action. Catalyze means to bring about, initiate, produce fundamental change, or transform. We can use our skills as practical, innovative, and visionary nurse leaders to transform global nursing.

As a part of Sigma global community of nursing, the direction of PIC in the coming biennium will follow this new Presidential call to action. Details of Dr. Tigges' presidential address can be found on Sigma website at <https://www.nursinglibrary.org/vhl/handle/10755/623718>.



#### New Sigma Logo

One of the highlights of the 44th Biennial Convention was the unveiling of an effort years in the making – the new Sigma brand. Besides the Honor Society of Nursing, we can now call our society: **Sigma**.

This primary logo replaces the old Sigma Theta Tau International logo containing the crest. As the historic and cross-cultural symbol of honor and excellence, the laurel branch is a perfect fit for Sigma. In the new logo, it's placed above our name and modified by breaking into three individual leaves at the end of the branch. We have also added the descriptor line, "Global Nursing Excellence," which concisely conveys who we are and what we do.

It's important to note the crest is not going away. The crest remains as a seal of honor and distinction. Going forward, it will be reserved for use by members and placed on sacred membership materials, such as your membership certificate, coat of arms plaque, and graduation stole. PIC will adopt this new logo soon.

Before I wrap up the newsletter, I would like to remind all members about the PIC annual prestigious event – Induction Ceremony which will be on 19 May, 2018. We will call for nomination of PIC members and election to the 2018-2020 Board of Director of PIC soon.

I sincerely wish you all a year filled with happiness and success.

Justina LIU  
President (2016-18)

#### Board of Directors (2016 - 2018)

*President*  
Justina LIU (Dr)

*President-Elect*  
Angela LEUNG (Dr)

*Vice-president*  
Esther WONG (Dr)

*Chapter Secretary*  
Rick KWAN (Dr)

*Treasurers*  
Kin CHEUNG (Dr) (Chair)  
Kevin LEUNG (Mr)

*Counselor*  
Shirley CHING (Dr) (Chair)  
Bessie CHAN (Ms)

*Program Committee*  
Cynthia HUIE-ROSE (Ms) (Chair)  
Grace HO (Dr)  
Sammei TAM (Ms)  
Esther WONG (Dr)  
(Overseen by VP)

*Secretaries-promotion  
Publication*  
Daphne CHEUNG (Dr) (Chair)  
Pin Pin CHOI (Dr)

*Scholarship*  
Rebecca POON (Ms)

*Archivist*  
Anna Yuen Ting WONG (Ms)

*Ex-officio*  
Alice Yuen LOKE (Prof.)

*Past President Council*  
Claudia LAI (Prof.)

#### Correspondence

The Hong Kong Polytechnic University, Hung Hom, Kowloon, Hong Kong.

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Fax: (852) 2334 1124

Website: <http://sn.polyu.edu.hk/pic>

## The STTI 44th Biennial Convention

Rick KWAN



On behalf of the Pi Iota Chapter (PIC), Dr. Justina Liu and Dr. Rick Kwan attended the STTI 44th Biennial Convention in Indianapolis on Oct 28 - Nov 1, 2017. In the convention, we voted on behalf of the PIC to elect the board of directors and leadership team in the Sigma, including the Asia Regional Coordinator. We met Chapter and Regional Operations officers Ms. Sabrina and Ms. Jessica to have discussions on many issues related to PIC, including strategies for attracting people to join PIC, and preparing for the Key Chapter Award application. We attended the Asia Regional meeting with many chapter presidents and delegates from various Asia countries, including Taiwan, Thailand, Japan, and Philippines. We exchanged difficulties and suggestions on how to connect Asia chapters more closely. We also visited the Head Quarters of the Sigma and learned some history of the Sigma. As first-time-delegates, we learned more about the operation and mission of the Sigma. This conference helped us prepare to further develop PIC locally and connect more closely with the Head Quarters.

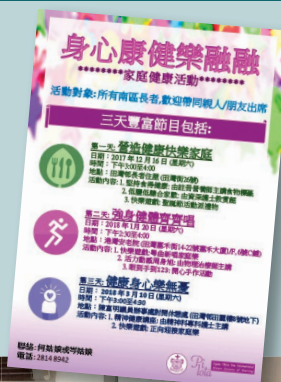




## Community Programme

Grace HO

PIC recently kicked off the first of a series of three community-based workshops to promote health among elders and their families living in the Northern District. The first workshop, held on December 16, 2017, was attended by over 30 elders who were eager to learn about healthy eating, reading food labels, and maintaining a low salt/ low sugar diet. The one-hour workshop included a health talk by a registered dietitian and a live cooking demonstration. Elders and their families also enjoyed some snacks and received a Christmas gift. The remaining two workshops will be held on January 20, 2018 and March 10, 2018. All PIC members are welcome to join.



PIC Programme Committee Members and workshop volunteers.



Ms. Sammei Tam demonstrating how to prepare a healthy meal.



PIC Programme Committee Chair, Dr. Esther Wong, introducing the workshop to the participants.



Registered dietitian, Ms. Flavia U, giving a health talk on food labels and eating a well-balanced diet.

## The 68th National Day Celebration Dinner

Pin Pin CHOI

Our Board Members, Dr. Esther Wong and Ms. Cynthia Huie-Rose joined the 68th National Day Celebration Dinner on 22 September 2017. They had a wonderful evening networking with friends as well as fellow professionals from different health services sectors.



Ms. Cynthia Huie-Rose and Dr. Esther Wong (from left to right)



A group photo taken at the celebration dinner

## The 5th Annual General Meeting and Scientific Forum of Hong Kong College of Education and Research

Pin Pin CHOI



A photo taken at the Annual General Meeting of the HKCERN

PIC members who are also fellows of the Hong Kong College of Education and Research (HKCERN) joined the 5th Annual General Meeting of the HKCERN on 18 November 2017. A scientific forum was held on the same day and many of our members participated in this scholarly activity to exchange their ideas about the 'Challenges and Future Direction of Nursing Education'.



PIC members together with one of the honorable guest speakers, Prof. Alex Molasiotis.

## Induction Ceremony 2018

Shirley CHING

The induction ceremony for new members is scheduled on 19 May 2018. We are inviting existing members to nominate nurse leaders from Hong Kong or overseas countries to join the PIC. Membership criteria are as follows:

- be legally recognized to practice nursing in their countries;
- have a minimum of a baccalaureate degree or the equivalent in any field;
- demonstrate achievements in nursing.

The nomination form can be downloaded from the PIC website: <https://sn.polyu.edu.hk/stti/membership.html> or obtained from Ms Kiki Chung by email ([kiki.chung@polyu.edu.hk](mailto:kiki.chung@polyu.edu.hk)). The completed form should be forwarded to Ms Kiki Chung **on or before 31 January 2018**. The Eligibility Committee will contact the nominees in due course. Selected nominees will be informed of the induction procedures in March 2018. Should you have any queries, please do not hesitate to contact Dr Shirley Ching, Counselor, at (852) 2766 6393 or via email [shirley.ching@polyu.edu.hk](mailto:shirley.ching@polyu.edu.hk) or Ms Kiki Chung, Secretary, at (852) 2766 6406 or email [kiki.chung@polyu.edu.hk](mailto:kiki.chung@polyu.edu.hk).

Members are sincerely invited to join the induction ceremony on 19 May 2018. Please mark your diary. We are looking forward to meeting you on that day!

Chapter Counselors,  
Dr Shirley Ching & Ms Bessie Chan

## Pi Iota Chapter Scholarship 2017/2018

Rebecca POON

Pi Iota Scholarship is now open for nominations. A number of awards will be presented to nursing students to recognize their scholarly activities, and to community leaders to appreciate their contribution to community services. Winners of the Scholarship will receive an award of HK\$1,000. The awards will be presented at the scheduled Induction Ceremony on 19th May 2018. Relevant information has already been sent to you by email. You may also visit the PIC website (<https://sn.polyu.edu.hk/stti/membership.html?a=3>) for more information.

For enquiries, please contact Ms Kiki CHUNG at Tel: (852) 2766-6406 / email: [kiki.chung@polyu.edu.hk](mailto:kiki.chung@polyu.edu.hk) or Ms Rebecca POON at Tel: (852) 6276-7656 / email: [poonpwr@yahoo.com.hk](mailto:poonpwr@yahoo.com.hk).



## Nomination as Board of Directors (2018-2020)

**Angela LEUNG**

You are cordially invited to nominate yourself or a Pi Iota Chapter member to serve in the Board of Directors of Pi Iota Chapter for two years (2018-2020). This is a great opportunity for you to develop and execute your leadership, serve the community and grow the next generations in nursing. As a team, members of Board of Directors work together, develop strategies and programmes for community and professionals. The ultimate goal is to bring about excellence in nursing practices and improve health for all!

Do not hesitate to put down your name or your fellow's name in this nomination form! Kindly forward the completed nomination form to Kiki **on or before 19 April 2018**.

To: Ms Kiki Chung, STTI Pi Iota Chapter Admin Secretary  
 Email: [kiki.chung@polyu.edu.hk](mailto:kiki.chung@polyu.edu.hk)  
 Tel: 2766 6406  
 Fax: 2334-1124

I \_\_\_\_\_ would like to nominate (\*Prof / Dr / Mr / Ms / Miss)  
 \_\_\_\_\_ as the Board member of the Pi Iota Chapter (PIC),  
 STTI Honor Society of Nursing.

\_\_\_\_\_ (Signature)

Name of PIC member: \_\_\_\_\_

\*Delete as appropriate

Nominee must be a member of PIC

## Upcoming Events

**Pin Pin CHOI**

### **PIC Induction Ceremony 2018**

PIC will hold its 19th Induction Ceremony on 19 May 2018 (Saturday) at The Hong Kong Polytechnic University. New members will be inducted and PIC scholarship awards will be presented in the ceremony. Please mark this event in your diary. We look forward to meeting you and celebrating with you. Relevant information will be sent to you in due course.

### **Nursing Education Research Conference 2018**

Over 400 nurses will gather in Washington, DC, USA on 19-21 April 2018 for the Nursing Education Research Conference to share their views on the science of nursing education. The event will offer you an invaluable opportunity to network with nursing administrators, leaders, faculty as well as researchers from around the world. You will also learn about evidence-based teaching practices that have potential to transform nursing education through a series of presentations and educational workshops. More information can be found at: <http://www.sigmanursing.org/connect-engage/meetings-events/nursing-education-research-conference-2018>

### **The 29th International Nursing Research Congress**

The 29th International Nursing Research Congress will be held on 19-23 July 2018 in Melbourne, Australia. The conference aims to provide a platform for clinicians, researchers, scholars and nursing leaders to share their knowledge and experiences on topics influential to the development of research and evidence-based practice in nursing. Registration is now open. Don't miss this great event! Further details of the conference can be found at <http://www.sigmanursing.org/connect-engage/meetings-events/international-nursing-research-congress-2018>