

Honor Society of Nursing Sigma Theta Tau International

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President's Message

Justina LIU

My memory of our May induction ceremony remains vivid, although it has already been a couple of months since it was held. The ceremony was memorable not only because of the congregation of seasoned members and new inductees, but also because of the motivational speech delivered by our honored guest and PIC member, Mr. Lawrence Poon, the Chief Manager (Nursing) of the Hospital Authority, Hong Kong. He shared his personal experiences of being a family caregiver of loved ones who had fallen ill, and talked about how these experiences aligned with his development as a professional nurse. These experiences reminded him of the core value of nurses – that is, to look after patients with dignity and compassion. Despite changes in environment, policies, and technology over recent decades, this core value remains constant. In response to Mr. Poon's inspiring speech, the Head of our School, Prof. Alex Molasiotis, reminded us of the 6Cs of nursing:

- Care:** This is the core business of nursing, and the care that we deliver helps the individual to obtain an optimal level of health.
- Compassion:** This refers to how care should be delivered to our patients through the building of relationships and trust, underpinned with such values as empathy, respect, and dignity.
- Competence:** Nurses are required to have the clinical and technical knowledge to deliver effective care and treatments based on evidence-based practice.
- Communication:** Effective two-way communication is essential to successful caring relationships and to effective teamwork.
- Courage:** This attribute allows nurses to do the right thing for the people we care for, and to speak out for the advancement of nursing.
- Commitment:** We are committed to improving the care and experience of our patients, to take action to make this vision and strategy a reality for all, and to meet the health, care, and support challenges that lie ahead.

These 6Cs of nursing are perfectly aligned with the STTI's core values: love (Sigma), courage (Theta), and honor (Tau). These Greek letters were chosen by our founders to be the name of the Honor Society of Nursing, as they believed them to be enduring values that are the root of the nursing profession. The beauty of nursing is that the person who is being cared for is placed at the heart of the care that they are given.

I wish that all nurses everywhere would lift each other up and help each other out. May the spirit of having people empower each other in every aspect of life continue within the honor society of nursing, and may we carry out the STTI's mission with love, courage, and honor.

Finally, I would like to congratulate our new inductees; they are among a distinguished group of nurses. May I invite all of you to consider becoming more involved by joining different sub-committees of the PIC? Members who remain active play a vital role in upholding the reputation of the PIC and in advancing the Chapter. Your generous gift of time in serving the Chapter will allow us to provide you with unique networking experiences.



Justina LIU
President (2016-18)



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Board members together with the honorable guest speakers at the AGM and Induction Ceremony.



Prof. Alex Molasiotis delivered the closing remarks at the end of the event.



Mr. Lawrence Poon shared his views on the development of nursing in the Induction Ceremony.

Pi Iota Chapter (PIC) hosted its Annual General Meeting (AGM) and the 18th Induction Ceremony on 20 May 2017 at The Hong Kong Polytechnic University. At the AGM, the President Dr. Justina Liu and the committee chairs reported and discussed issues regarding program, scholarship, publication, membership and finance. The induction ceremony started with the presidential address delivered by Dr. Justina Liu. Mr. Lawrence Poon, the Chief Manger (Nursing) of Hospital Authority, Hong Kong, who is also a member of PIC, was invited to deliver a keynote address titled "How we are connected to Nursing". Lastly, Prof. Alex Molasiotis, the Head of the School of Nursing at The Hong Kong Polytechnic University, gave the closing remarks to mark the end of the induction ceremony.

The 20th East Asian Forum of Nursing Scholars

PIC successfully co-organized the 20th East Asian Forum of Nursing Scholars (EAFONS): Globalization and Research in Doctoral Nursing Education on 9 – 10 March 2017.

The EAFONS serves as an international platform for participants to share their experiences, stimulate ideas and establish collaborations in the area of doctoral nursing education. It attracted over 750 attendees coming from 14 different regions around the world.



The 67th National Day Celebration Dinner

Anna WONG

This year, 10 outstanding community leaders and 25 undergraduates and postgraduates were inducted.

Community Leaders:

CHAN Chung Yee Zenobia
LAM Winsome
POSADAS Czarina Anne D
ZHANG Caihong

DOCE Toche Vic
LIN Chia-chin
VALIMAKI Maritta

GARCIA Paul Reinald
MANIAGO Jestoni Dulra
XIE Yaojie

Post-graduates:

CHAN Sau Lai Jenny
LI Yan

LAM Ka Wai Katherine

LAU Joyce Lopez

Undergraduates:

AU Ka Kit
CHEUNG Ka Chun
FOK Kam Ho
LAU Ka Lam
LI Tingting
MAN Chung Yan
SIT Wing Hong Matthew

CHAN Chun Pui
CHEUNG So Man
KWOK Hiu Tung Michelle
LAU Kar Yan
LI Wun Ting
NG Kai Fung
WONG Pui Yu

CHAN Yu Hang
CHU Lok Yan
LAM Chi Yin
LEUNG Sze Nga
MA Hing Yi Iris
PANG Lok lu
YU Tak Long Roy

The PIC Scholarship Awards were presented by the President-Elect, Dr. Angela Leung during the ceremony. Congratulations to the awardees:

Ms. Lau Ka Lam

Simulation training and education programme of tracheostomy care and related emergencies for ICU novice nurse: a pilot programme

Ms. Lam Ka Wai Katherine

The impact of cancer and its treatment on physical activity levels and quality of life among young Hong Kong Chinese cancer patients

Dr. Rick Kwan

Acupressure training workshop for the caregivers of agitated people with dementia



The 18th Induction Ceremony was held on 20 May 2017 at The Hong Kong Polytechnic University.

LAM Chi Yin

Nursing was not my first degree. I chose to study a life science subject and worked in financial industry after my graduation.

In my career, I could only see money transfer in and out from the stock market. After a year of work, I started to self-evaluate the importance of my career. Of course, I definitely did not deny the existence of financial industry, but there should be something more meaningful and realistic to my life. I rethink what I wanted to achieve in my career. At that moment, I wished I could devote myself to help those people who were in need. Finally, I decided to pursue further study in nursing field.

After 3 years' study in nursing, I have found what I believed "meaningful" to my life. Need not to mention, all the nursing students equip themselves by studying all the related subjects which benefit to their future career in the nursing school / university. All of them have to experience the practicum in the medical / surgical wards and designated specialties. There were many unforgettable moments during the placement. I met patients with different diseases, from minor problems to dying situations. Applying nursing care, I truly feel I am connected with the patients. Applying medical knowledge, I am able to help those patients in need. With Nursing, I attain my goals.

I hope I am using my life to positively influence others' lives, which is the mission of nurses.

CHAN Yu Hang (Vincent)

To me, nursing is not just a job, but a life-long career. Life is so delicate and uncontrollable that makes me want to do something to protect and safeguard it. It has always been my wish and aspiration to exercise skills and knowledge I have learnt to touch lives and make an impact, and this is why I would like to be a nurse. Through joining STTI, I hope to learn from, and stay connected with, nurses in Hong Kong and around the globe, as I think nursing is about collaboration and teamwork. With the collaborative support and effort, I believe that better nursing care can be provided to our patients. Through joining STTI, I hope to be a part of the team.

CHAN Chun Pui (Kyle)

It is my great honor to be one of the new members of STTI. Due to the professionalization and globalization of nursing, a nurse can no longer stuck in a rut. STTI, which is an international society, provides us a great platform to exchange and update nursing knowledge and practice by participating in PIC, volunteering,

or attending events. Furthermore, we can advance our knowledge with nursing research and evidence-based practice by reading the STTI newsletters and professional nursing journals. Therefore, we can better equip ourselves to confront new challenges.

LI Wun Ting (Christine)

Nursing is a profession in which I can have contact with people from different ethnic origins and religious backgrounds. Also, I can give myself and help others to attain optimal wellness. In order to keep current on medical trends, scientific research is needed to facilitate professional development of nurses. It is my honor to be a member of the Pi Iota Chapter. It provides opportunities for me to continue education after graduation and connect with other worldwide members. Lifelong learning is of paramount importance in nursing to keep my mind active, in order to expand the capacity to deliver a higher quality of patient-centered care.

AU Ka Kit (Alex)

People often regard the studying of nursing as a combination of "art and science" as this subject does not only require learners to equip themselves with professional knowledge, but it also values the provision of utmost care to patients. Such a uniqueness has sparked my interest in pursuing it as my major in university as well as my future career. However, I encountered obstacles at the first attempt of placement in which I realized that there were wide gaps between the learnt theories and the real-life practices. I hesitated whether I shall continue studying or quit this profession until I observed that both the physical and psychological conditions of my patients gradually became better. The accumulated experience gained in placements reminds me that the path of nursing could be tough yet meaningful. Apart from keeping the enthusiasm for learning, being determined and persistent are the two essential qualities which help to turn individuals into professionals with the ability to make a continued contribution to the nursing field.



The Asia Regional Meeting in EAFONS

Rick KWAN

STTI Asia region held a meeting on Mar 10, 2017 in the East Asia Forum for Nurse Scholars in Hong Kong. Delegates from Japan, Korea, Thailand, Singapore, and Philippines attended the meeting. Dr Cynthia Vlasich, Director of Education and Leadership of the STTI, shared the supports available from the headquarter to the Asia regional chapters. These supports included webinar, grants, scholarship, online course, and e-repository. Cynthia specifically highly recommended that Asia chapter members should publicize their works via the e-repository. Delegates from Asia chapters raised a concern that they cannot attend most of the webinar because they are in different time zones from members in America. In the meetings, delegates discussed the possibility of setting up some webinars within Asia regions. This could be coordinated by the Asia Regional Coordinator. Delegates from Asia agreed that they should make good use of the support from Headquarters to strengthen the collaboration among Asia chapters.



Board members together with the delegates from other Asia chapters at the EAFONS.



Delegates participated actively in sharing their views and experiences in the meeting.

Blood Donation Day

Daphne CHEUNG

PIC actively supported the Blood Donation Day on 12 May 2017 at the Hong Kong Polytechnic University.



International Nurses Day Celebration Dinner

Pin Pin CHOI



PIC Board Members together with a number of active members joined the International Nurses Day Celebration Dinner on 13 May 2017 to recognize the contributions made by nurses to the society. This year's theme is "Nurses: A voice to lead – Achieving the sustainable development goals (SDGs)". The theme aims to provoke awareness among the nursing profession and policy makers about the need to contribute at their own level to achieve the SDGs.

Induction to Disaster Nursing Workshop**Daphne CHEUNG**

A number of Pi Lota Chapter board members or active members (Prof. Alice Loke, Dr. Olivia Fung, Mr. Kevin Leung, Mr. Timothy Lai and Dr. Sunshine Chan) brought in their expertise and conducted workshops for our members and nursing colleagues of PIC members about disaster nursing. The purpose was to raise nurses' awareness and knowledge in disaster prevention, preparedness, response and recovery. Nurses who are prepared and trained for disaster care can play an important role to increase the capacity of healthcare services and cope better during a disaster.

Community Services**Daphne CHEUNG & Rick KWAN**

Four community educational talks were conducted for over two hundreds of audiences.

28 May 2017	提升大腦健康、預防認知障礙症 (Promoting Brain Health. Preventing Cognitive Impairment)
6 Jun 2017	大腦健康與閒暇 (Cognitive Health and Leisure)
19 Jun 2017	溝通有辦法 – 行為徵狀處理篇 (Communicating with People with Dementia)
30 Jun 2017	認知不認知? (Knowing Cognitive Impairment)

**Upcoming Events****Grace HO****44th Biennial Convention**

The Honor Society of Nursing, STTI, will gather for the 44th Biennial Convention in Indianapolis, Indiana, USA on 28 October to 1 November 2017. This is the largest STTI event featuring outstanding plenary speakers and over 800 oral and poster presentations. The 2017 International Awards for Nursing Excellence will also be conferred at this Convention. Registration is now open until 30 August for early birds and 27 September for standard registration. On-site registration is available from 28 September onwards.

Nursing Education Research Conference 2018

Over 400 nurses will gather in Washington, DC, USA on 19-21 April 2018 to share their knowledge, experience, and research on the science of nursing education. This conference focuses on promoting evidence-based teaching practices that will transform the future of nursing education. Save the date and join the conversation on translating research outcomes into educational practice and policy, and learn about the latest research findings that impact learner preparation.

Further details of these and other STTI events are available at: <http://www.nursingsociety.org/connect-engage/meetings-events>