

Pi  
lotaHonor Society of Nursing  
Sigma Theta Tau International

NEWSLETTER Autumn 2014 Vol. 17 No. 2

## President's Message

Alice WONG

*Dear PIC Members and Colleagues,*

With a high level of responsibility and proven dedication to the mission and values of the Honor Society of Nursing, Sigma Theta Tau International (STTI), our new Board of Directors 2014-2016 were installed as of 26 April 2014. During the past few months, the Pi Lota Chapter (PIC) has been engaged in various activities as you may see in this issue of our newsletter. It has been a privilege for me to meet a number of STTI's members in different events and learn about their unique acts of individual leadership in their governmental agencies, educational and research institutions, professional nursing organisations, and clinical settings. Their dedications to contributing themselves to the collective accomplishments of the nursing profession have astounded me. Creativity, determination, respect and resourcefulness are some common traits noticed from the STTI members who are leading in their areas. These attributes of an individual were shown in the past events on the micro level as examples of individual leadership evolving into collective accomplishments.

**Creativity sparks at HT Conference (27-28 June 2014)**

Pi Lota Chapter co-organised the 1st International Conference on Horticultural Therapy and Therapeutic Landscaping from 27 to 28 June at The Hong Kong Polytechnic University. The conference was a response to the increasing popularity of integrating horticultural therapy (HT) and therapeutic landscaping to address the multi-faceted health needs of society. It provided a valuable platform for idea and experience exchange in an emerging area of healthcare. Treatments and rehabilitation approaches of horticulture application for health and well-being were explored in the conference. Topics discussed ranged from improving psychophysical health with strengthen functional hand grip effects, measuring the impact of HT on clients with cognitive impairment, chemical dependence, terminal illness, to promoting successful aging and social integration of youth and elderly through HT activities.

Projects planned and implemented by nursing professionals, horticultural therapists, school educators, social workers and other disciplines were showcased during the conference period. These collaborative efforts have shown that creative leaders are capable of transforming old ideas to new innovations (for example, HT is re-defined as an activity to enhance social, emotional and physical well-being, rather than a recreational pastime).

**Collaboration with Upsilon Eta Singapore (15-17 August 2014)**

A good idea or good work would never come to fruition if the practitioner leader had not been tenacious. With great intention and support from the chapter leaders and members, we have overcome the budget obstacle and moved forward to collaborate with Upsilon Eta Chapter to jointly organise the Regional Conference on Integrated Care & 1st Singapore-Hong Kong Congress on Innovation in Nursing Practice. Over 200 registrars attended a full day programme on 17 August to examine the development of nursing leadership and practice. Gratitude to a number of PIC members and other Hong Kong delegates presented their studies in this conference.

In line with the strategic directions of STTI, let's encourage and empower our PIC members to continue to strive for excellence by serving locally, transforming regionally, and leading globally! Above all, I hope you will accept my invitation to renew your lapsed membership and join the band wagon to celebrate our upcoming 15th Anniversary of Pi Lota Chapter in March 2015!

Best regards,

**Alice KY WONG**  
President
Board of Directors  
(2014 - 2016)
**President**  
WONG Kar Yan, Alice (Dr)

**Vice President**  
WONG Yee Hing, Esther (Dr)

**Treasurers**  
CHEUNG Kin (Dr) (Chair)  
TAM Oi-foon, Sammei (Ms)

**Secretaries-Promotion & Publication**  
CHOI Pin Pin, Sandy (Dr) (Chair)  
HUNG Shuk Yu, Maria (Dr)

**Counselors-Membership Nomination**  
CHING Siu Yin, Shirley (Chair)  
CHAN Pui Sze, Bessie (Ms)

**Program Committee & Membership Involvement**  
HUIE-ROSE, Cynthia (Ms) (Chair)  
WONG Yee Hing, Esther (Dr) (VP)  
TAM Oi-foon, Sammei (Ms)

**Scholarship**  
POON Po Wah, Rebecca (Ms)

**Archivist**  
FUNG Wai Man, Olivia (Dr)

**Ex-Officio**  
LOKE Yuen Alice (Prof)

**Administrative Secretary**  
NG Hoi Ki, Hiky (Ms)


Members of the Organising Committee of HT Conference and Keynote Speakers Prof Paula Diane RELF (3rd, from left) and Prof Candice SHOEMAKER (3rd, from right).



The chairpersons of the conference, guest speakers and Hong Kong delegates at the 1st Singapore-Hong Kong Congress.

## Correspondence

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## STTI's 25th International Nursing Research Congress

Maria HUNG

The 25th International Nursing Research Congress was held on 24-28 July in Hong Kong. Our Chapter fully supported and contributed to the congress. The Chapter obtained the professional development fund from the Association of Hong Kong Nursing Staff to sponsor the plenary session of the congress, which was spoken by the STTI President Hester Kloppe. The title of the speech was "Engaging Colleagues: Improving Global Health Outcome".

Solidarity among the Asia chapters was strengthened through this collaborative Asia scholars symposium. Professor Sophia Chan Siu-chee, under Secretary for Food and Health, Food and Health Bureau was Guest of Honour to officiate the opening of the INRC.



PIC's board of directors and active members took a snapshot with the STTI President Hester C. Kloppe (4th, from left) after her plenary session speech.



PIC members and board members, together with Prof Pat Thompson (the CEO of STTI), greet the Officiating Guest of Honor, Prof Sophia Chan after her opening address. From left to right: Ms Cynthia Huie-Rose, Dr Esther Wong, Prof Pat Thompson, Dr Eric Chan, Prof Sophia Chan, Dr Vico Chiang, Dr Alice Wong, Dr Kin Cheung, and Dr Yim-Wah Mak.



A souvenir was presented in recognition of PIC's support and sponsorship of the event.

Another highlight of the congress was the International Induction Ceremony, where the nurse leaders from across the globe exhibited their exceptional achievements in nursing and were recognized as STTI's members for their contributions in the profession. Two PIC members were inducted in this congress, namely Ms Ava Leung Shun-Wah, APN from Central Nursing Division, Kwong Wah Hospital in Hong Kong and Prof Yan Cui, Dean from School of Nursing of Nanjiang Medical University, People's Republic of China. Our Chapter continues to grow with members from local and international.



Prof Yan Cui (2nd on the right), Dean from School of Nursing of Nanjiang Medical University, People's Republic of China was inducted as PIC member at the International Induction Ceremony by STTI President Hester Kloppe in Hong Kong during the INRC 2014.



Dr Cathy Catrambone, President-Elect of STTI was welcome by our Asia Region Coordinator Prof Claudia Lai (both posing in the middle) during the INRC 2014.

A special session of “Celebrating the Asia Region’s Excellence and Advancements in Research and Scholarship Development” was organised at the congress to showcase the excellence of nursing scholarship in Asia and to recognize the contributions of Asian nurse leaders to the profession and societies. Prof Alice Yuen Loke and Prof Claudia Lai were invited as Special Session Organiser and Moderator. During the session, nurse leaders from four STTI’s Asia chapters including Hong Kong, Korea, Singapore and Taiwan discussed the nursing research development and scholarship programmes.



Our President, Prof. Pei-Shan Tsai (Taiwan), Prof. Sally Chan (Singapore) and Prof. Mi Soon Song (Korea) shared the developments of research and scholarship in their own countries.



An Asia region group photo at the congress, with board members from STTI's Asia Chapters and PIC.



Prof. Alice Yuen Loke and Prof. Claudia Lai at the special session “Celebrating the Asia Region’s Excellence and Advancement in Research and Scholarship Development”.

On 28 July 2014, a post-congress event including two separate facility tours to the School of Nursing, The Hong Kong Polytechnic University and Hong Kong Sanatorium & Hospital, were host by the PIC Board members. Around 50 congress attendees from all over the world joined the tour to learn more about nursing and health care facilities in Hong Kong. About 25 participants visited the Hong Kong Sanatorium & Hospital, which has the largest scale of services among all the private hospitals in Hong Kong. The visiting sites included the Private Patient Clinic, the Private Ward for semi-private single room and private room, along with the Intensive Care Unit, the Department of Physiotherapy, and the Comprehensive Oncology Centre in particular the services provided by the Breast Care Centre.



Twenty-two participants visited the School of Nursing, PolyU. Prior to the visiting of PolyU's nursing laboratories and Integrative Health Clinic, congress attendees met PIC's former and current board members including Prof. Alice Yuen Loke, Dr E. Angela Chan, Dr Alice Wong, and Dr Maria Hung and exchanged ideas on research and nursing curriculum in Hong Kong.



Our Vice-President Dr Esther Wong (front row, center) lead a group of congress attendees to visit Hong Kong Sanatorium & Hospital. Ms Cynthia Huie-Rose, Hospital Matron from Nursing Administration Department (front row on the right, in matron uniform) and Ms Gloria Hung, Senior Sister of Nursing Administration (left, in matron uniform) welcome the group.



## Members Interviewed on the Metroinfo programme “Sorry, I Love You” (April 2014)

**Esther WONG**

Among all promotional activities for the International Nurses Day 2014, the interview of the PIC members by Metro Broadcast Metro Info channel on the programme “Sorry, I Love You!” was note-worthy. The radio programme, broadcasted on 11 May 2014 from 10pm through 12 mid-night, was hosted by Ms Amy Wu, a famous singer and the 2014 Health Ambassador of The Provisional Hong Kong Academy of Nursing. Seven nurses were interviewed in the programme, of them four were community leaders of the PIC. They were Dr Susie Lum, Dr Sylvia Fung, Dr Esther Wong and Ms Esther Yiu. At the programme, the Institute of Christian Counselors sponsored 1000 seats for their signature course “Stress Management” to nurses.



*Ms Amy Wu (mid), the host of the radio programme interviews our inducted members Dr Sylvia Fung, Ms Esther Yiu and Dr Esther Wong (Right row: from front to back), in celebration of the International Nurses Day 2014.*

## Walking hand-in-hand community project

**Pin Pin CHOI**

The Chapter conducted a community project “Walking Hand-in-Hand” at Lam Tin Alliance Church on 12 July 2014. The aim of the programme was to promote wellness among cancer patients and their family members. Ms Rose Chan, a registered nurse and a traditional Chinese medicine practitioner, talked about the nutritional needs and care of cancer patients. More than 60 participants joined the event.



*Ms Rose Chan delivered a talk to the participants.*



*From left to right: Student volunteers (Paul Lee and Jasmine Wong), Dr Shirley Ching, Ms Sheung (Lam Tin Alliance Church), Ms Rose Chan (Guest Speaker), and Dr Kin Cheung*

## Meeting with Prof Patricia Thompson, the CEO of STTI

**Maria HUNG**

Prior to the 25th International Nursing Research Congress, a welcome lunch and a meeting with the CEO of STTI, Prof Patricia Thompson, was organised by the PIC President and board members on 21 July 2014. Prof Thompson shared her views on the development of STTI and appreciated the ongoing support of PIC and its contribution to the congress. Dr Alice Wong, the President of PIC, expressed her warm welcome to Prof Thompson and gave thanks for the support of STTI to the Chapter development.



*PIC's board members and Prof Thompson enjoyed a wonderful lunch together.*

PIC hosted its 15th Induction Ceremony on 26 April, 2014 at The Hong Kong Polytechnic University. This year, five international inductees, ten community leaders, nine post-graduates and nine undergraduates were inducted as official members of the Chapter. Some of the inductees traveled from Mainland China and the Philippines to join the induction ceremony to meet with other members in the Chapter.



A group photo of the PIC board members, inductees and student volunteers.

During the ceremony, we were honoured to have Ms Esther Yiu, Advanced Practice Nurse of the School of Nursing of The Hong Kong Polytechnic University, to deliver a speech titled “Nursing as a Caring Profession”. She shared with us her previous experience of working in various volunteering organisations to provide assistance to those in need around the world. Her speech gave us invaluable insights on the attributes of professional and caring nurses.

The Pi Iota Chapter Scholarship Awards were presented during the ceremony. This year, the Scholarship Committee has received a number of nominations for the awards. Following a review by the panel of external reviewers comprising academics from different universities, five scholarships were awarded to the selected community leaders and students for their outstanding scholarly works. Details of the five awardees and their work are as follows:

**Awardee:** Mr Chun Fat Lau

**Category:** Undergraduates

**Research Topic:** Psychometric evaluation of the Chinese version of the resiliency scale for children and adolescents (RSCA) in Hong Kong

**Awardee:** Ms Wing Sum Cheung

**Category:** Undergraduates

**Research Topic:** The effects of a self-care promoting intervention programme for community dwelling older people in Hong Kong: A randomized controlled trial

**Awardee:** Ms Wing Yan Tam

**Category:** Post-graduates

**Research Topic:** A nursing management program in promoting the use of manual acupressure at P6 on cancer patients to reduce the incidence of acute and delayed nausea and vomit and also the re-admission rate due to uncontrolled chemotherapy-induced nausea and vomiting (CINV)

**Awardee:** Mr Wai Kit Wong

**Category:** Post-graduates

**Research Topic:** Current approaches to treatments for schizophrenia spectrum disorders, part II: psychosocial interventions and patient-focused perspective in psychiatric area

**Awardee:** Prof Qiuping Li

**Category:** Community leaders

**Research Topic:** The effects of a ‘Caring for Couples with Cancer (4C’s) programme to support spousal caregivers in their caring for spouse with cancer



Ms Esther Yiu, the keynote speaker, delivers a speech at the induction ceremony.



Scholarship awardees posed for a group photo with their supervisors and PIC Board of directors during Induction Ceremony, namely Prof Loke, Prof Qiuping Li, Ms Wing Sum Cheung, Prof Wong, Ms Wing Yan Tam, Mr Chun Fat Lau, and Mr Wai Kit Wong (left to right in back row).

## Upcoming Events

Olivia FUNG

**26th International Nursing Research Congress (23-27 July 2015)  
in San Juan, Puerto Rico**

Members are invited to submit their abstracts for the 26th International Nursing Research Congress. The theme for the Congress is "Question Locally, Engage Regionally, Apply Globally". The submission deadline is 10 December 2014. Details can be found in:

<http://congress.nursingsociety.org/2015.html>

**The Third International Nursing Congress of Armenia and  
STTI's 1st Asia Regional Conference (26-30 September 2015)  
in Armenia, Yerevan-Nagorno-Karabakh, Stepanakert**

The Third International Nursing Congress of Armenia will be held in Armenia, Yerevan-Nagorno-Karabakh, Stepanakert. The theme of the conference is "Nursing Education related to Fatigue, Safety and Outcomes" and the abstract submission deadline is 20 May 2015. For those who are interested, please visit:

<http://www.nursingcongress.am/>

**43rd Biennial Convention (7-11 November 2015) in Las Vegas, Nevada, USA**

The STTI Biennial Convention will take place from 7 to 11 November 2015 in Las Vegas, Nevada, USA. The abstract submission deadline is 28 January 2015. For details, please visit:

<http://convention.nursingsociety.org/>

## Announcement

Alice Wong

**Nominate a nurse leader to become the chapter president (2016-2018)  
for leadership succession planning at the PIC board**

I was elected the president of PIC in the last term and was re-elected to serve the 2nd term. During my presidency, I have numerous opportunities to be exposed to different experiences related to leadership skills in personal, professional and global levels. To ensure leadership continuity, we now call for the nomination of President-Elect for the next term of PIC board (2016-2018). Please submit your nomination to the Chapter's Administrative Secretary from now till the first quarter of 2015. The opportunity to be a servant leader is here for you. Take action **TODAY!**

**President-Elect Nomination Form Proforma**

To: Miss Hiky Ng  
Email: [sn.pic@polyu.edu.hk](mailto:sn.pic@polyu.edu.hk)  
Tel: 2766-6761  
Fax: 2364-9663

I \_\_\_\_\_ would like to nominate

(\*Prof / Dr/ Mr/ Ms/ Miss) \_\_\_\_\_

(must be a member of PIC)

as the President-Elect of the Pi Iota Chapter (PIC), STTI Honor  
Society of Nursing.

\*Delete the inappropriate title

# Please reply anytime now or no later than 28 February, 2015

Signature of PIC member