

NEWSLETTER Summer 2011 Vol. 14 No. 1

## President's Message

Alice Yuen LOKE

# Dear Colleagues,

The Board of Directors of Pi lota has been busy this summer with many scholarly activities, including the Research Day and Induction Ceremony, and an exchange Nursing Research Conference at Guangzhou Medical University.

### Research Day and Induction Ceremony, May 20, 2011

Research Day on 20<sup>th</sup> May 2011 was successful in facilitating and encouraging scholarly exchange among postgraduate nursing students. The forum was well attended by many research and postgraduate students and nursing faculty, and there was active and critical discussion among the attendees. It created a platform for nurturing a culture of scholarly inquiry and evidence-based practice in nursing.

The Pi lota Chapter's 12<sup>th</sup> Annual General Meeting and Induction Ceremony followed. Ms. Cynthia Vlasich, Director of Education and Leadership of the STTI Honor Society, was invited as the keynote speaker for the ceremony. Her speech on 'Leaders - Distinguished with Honor' was inspiring to many. This year, there were 19 inductees, including undergraduate and graduate nursing students, nurse leaders and international members. Scholarship awards were presented to six outstanding research projects.

#### Guangzhou Medical University Research Seminar scheduled for July 28-30, 2011

The National Nursing Research Conference, co-organized with Guangzhou Medical University, was held from 28-30 July, 2011. Professors from the School of Nursing at the Hong Kong Polytechnic University, including current and ex-presidents of the Chapter, were all invited to give keynote speeches at the conference. They were Prof. Frances Wong, Prof. Claudia Lai, Dr Angela Chan and myself, together with our research students.

I must thank Ms Wang Shaoling for taking the lead and working closely together with colleagues from the Nursing School, Guangzhou Medical University in the planning, preparing and running of this scholarly conference. Ms. Wang attended to all the details of the conference, making it a well-organized and fruitful event. We also thank the Guangzhou Medical University for their hospitality; the Hong Kong team had an enjoyable tour to a resort and picked fresh 'longan' from the fields.

## 41st Biennial Convention, Grapevine, Texas, USA 29 Oct – 3 Nov, 2011. IMPROVING WORLD HEALTH THROUGH KNOWLEDGE

Our President-Elect, Dr Alice K Y Wong, and I will be attending this year's convention as Chapter delegates. This will be a good opportunity for us to connect with more than 1,800 colleagues from around the world, all of whom will be there to share their knowledge to help improve global health.

Prof. Claudia Lai, our former President, is running for election as the Region Coordinator of the STTI Global Regional Chapters Coordinating Committee. We wish her all the best in the election; we are proud to have her represent us in the running for this post and are grateful for her willingness to serve the greater committee. The ballot will be cast during the convention. We hope that we can bring back some good news.

Alice Yuen LOKE President

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Archivist Ms. Shao Ling WANG & Ms. Kerry HSU The Pi lota Chapter of the Honor Society of Nursing, Sigma Theta Tau International (STTI) hosted its 12<sup>th</sup> Induction Ceremony on 20 May, 2011 at The Hong Kong Polytechnic University, immediately following Research Day, which will be reported below. Six community leaders, four graduates and nine undergraduates were inducted into the Chapter as official members this year. Some of them cherished the opportunity to meet with other members in the chapter and traveled from mainland China especially to join the Ceremony.

During the Ceremony, we were honored to welcome Ms. Cynthia Vlasich, Director of Education and Leadership of the STTI, to deliver a speech on "Leaders: Distinguished with Honor". She shared the attributes of good leaders and inspired us with regard to this transformation, giving us an abundance of useful insights.



The student volunteers had a photo taken with the key board members before the Ceremony



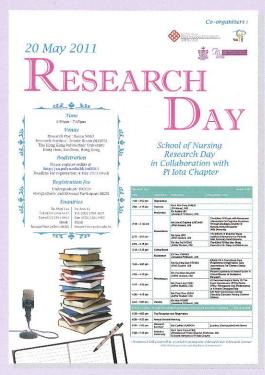
A group photo of PIC board members and inductees with Ms. Cynthia Vlasich

### Research Day

Alice KYWONG

Recognizing the importance of conducting and disseminating research findings within the nursing profession, Pi lota Chapter co-organized a Research Day event with the Hong Kong Polytechnic University's School of Nursing for seven research papers presented by their research students. Given its collaborative nature, with three continuous nursing education (CNE) points credited to attendees for full-day event participation from the Research Day to the Induction Ceremony, the event was well attended by around 70 participants, from clinical nursing colleagues to graduate and undergraduate students, together with nursing faculty.

The Research Day was a success in terms of promoting a focus on research by encouraging and supporting nursing research at all levels, from acute to chronic illness, from bedside to community setting, from quantitative lab work to qualitative study. Thanks to the continuous support from the School of Nursing, with secretarial support from Miss Mugi LAU and Mr Aero LI; and our Departmental Research Committee, in particular to *Prof. Alice Yuen LOKE, Prof. Claudia LAI, Prof. CHIEN Wai Tong and Dr Mimi TSE*, for overseeing this event from the organizing and planning stages in January to the Research Day held in May. Special thanks also go to Drs Justina LIU and *Vico CHIANG* (both of whom are PIC members) for facilitating this research event during the same month as Nurses' Day!



Poster of Research Day

This year, the scholarship and research committee received a number of nominations for the STTI Honor Society of Nursing PIC Scholarship. Following review by a panel of external reviewers comprising academics from different universities, six scholarships were awarded to community leaders and students for their outstanding scholarly works during the Induction Ceremony. Each of the awardees was presented with a cash coupon for of HK\$1,000. We would also like to thank Dr Angela Leung for her generosity as she donated her prize back to the Chapter.

Details of the six awardees and their work are as follows:

Awardee:

Dr Angela Yee Man LEUNG

Category:

Community leader

Research topic: Health Enhancement and Pedometer-determined Ambulatory (HEPA) Programme

Awardee:

Ms Wai Ling SUN

Category:

Master of Science in Nursing

Research topic: Re-engineering of the workflow of triage station in the AED of one of the hospitals in KEC

Awardee:

Mr. Siu Sing TANG

Category:

Bachelor of Science (Nursing)

Research topic: A pilot study: Exploring the Correlation of Spirituality with Quality of Life in Post-stroke Patients

Awardee:

Ms Gloria Wing Shan LAM

Category:

Bachelor of Science (Nursing) (part-time)

Research topic: What makes them happy: the psychological well-being of community-dwelling older people

Awardee:

Mr. Chi Wai KWOK

Category: Bachelor of Science (Nursing)

Research topic: Effect of Reminiscence Therapy on depression and cognitive function in elderly people with dementia

Awardee:

Mr. Wilson AU

Category:

Bachelor of Science (Nursing)

Research topic: The Correlation between Potential Eating-Disordered Behavior and Working Memory in Junior

Secondary School Students

## 2011 National Nursing Research Symposium, Guangzhou, China

Olivia FUNG

A 3-day National Nursing Research Symposium was held from 28-30 July 2011 in Guangzhou, China. The conference was jointly organized by the Nursing School of Guangzhou Medical University and the Pi lota Chapter, Sigma Theta Tau International. The conference attracted 139 attendees from Hong Kong, Macau, and 23 cities in 10 provinces in mainland China.

The conference kicked off with opening speeches delivered by Professor Alice Loke, Dean Chen Qin and Associate Dean Zhang Ya Jie of Guangzhou Medical University. Keynotes speaker from the Hong Kong Polytechnic University, including Professor Samantha Pang, Professor Alice Loke, Professor Frances Wong, Professor Claudia Lai and Dr Angela Chan, were invited to share their expert knowledge and experiences on research. Professor Ou Chun-quan of Southern Medical University and Professor Liu Jin-bao of the Postgraduate School at Guangzhou Medical University also gave speeches on statistics and tactics in research funding applications respectively.

In addition, there were a total of 12 oral presentations and 23 poster presentations. Five of them were selected for the Best Research Awards. Generally, participants were enthusiastic and participated actively in a variety of sessions. This symposium was a platform for sharing expertise and experience on research, and contributed to increasing interest in nursing research in mainland China. Congratulations to the Conference Organizing Committee on a great achievement.



A photo of the keynote speakers (From left to right: Prof. Ying ZHOU, Prof. Claudia LAI, Prof. Alice LOKE, Prof. Frances WONG, Dr Angela CHAN, Dr Alice KYWONG)



Pi lota Chapter members had a picture taken at the conference. (From left to right: Ms Pin Pin CHOI, Ms WANG Shaoling, Dr Angela CHAN, Prof. Frances WONG, Prof. Ying ZHOU, Prof. Alice LOKE, Dr Esther Wong, Dr Alice KYWONG, Ms Olivia FUNG, Prof. Claudia LAI)

### News

23rd International Nursing Research Congress will be held in Brisbane, Australia from 30th July — 3rd Aug, 2012. It creates an international forum for the exchange of evidence-based practices and solutions among nurse researchers, clinicians, educators, policy makers and administrators. More information about the Congress is available at: http://www.nursingsociety.org/STTIEvents/ResearchCongress/Pages/2012\_23\_INRC\_home.aspx

### Searching for Board of Directors 2012-2014

The Pi lota Chapter is preparing for the next Induction next year in May 2012, and is seeking new blood to join the Board of Directors. All members who are willing to serve the committee and contribute their talents, please feel free to contact our Society's secretary, Mr Aero Li, at hsaero@inet.polyu.edu.hk.