Three projects secured GRF support

Three projects have succeeded in securing the General Research Fund (GRF) of the Research Grants Council. The details are as below:

<table>
<thead>
<tr>
<th>Project Title</th>
<th>PI</th>
<th>Total Grant (HK$)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Zero-time Exercise - Integrating Exercise into Daily Life Activity at No Extra Time and Cost to Improve Sleep in Physically Inactive Adults with Insomnia Disorder: A Randomized Controlled Trial with Mixed-method Process Evaluation</td>
<td>Dr Jerry Yeung</td>
<td>817,372</td>
</tr>
<tr>
<td>Intelligent Recognition of Movement Intention with Brain-Computer Interface for Lower-limb Rehabilitation</td>
<td>Dr Thomas Choi</td>
<td>518,999</td>
</tr>
<tr>
<td>Patient-specific Planning and Intraoperative Guidance System for Precise Left Atrial Appendage Occlusion via Weakly-supervised Deep Learning, Perception-aware Visualization, and Context-driven Touchless Interaction</td>
<td>Dr Harry Qin</td>
<td>518,999</td>
</tr>
</tbody>
</table>

Shared research findings of Play Intervention for Dementia

Initiated by Dr Daphne Cheung and her team, Yan Oi Tong introduced the “Play Intervention for Dementia” (PID) in several elderly service units and a research was conducted to evaluate its effectiveness. A research report cum sharing session was held to share the research findings and the experience of PID.
Research Themes & Centres Update

Ageing and Health

Research collaboration with Karolinska Institute

Dr Angela Leung, Director of the Centre for Gerontological Nursing, worked with the researchers at Karolinska Institute, Sweden, and presented their work at the Symposium themed “Family Caregivers in Caring of Older Persons and Use of mHealth” in Stockholm, Sweden on 16 May. The symposium attracted aging-related practitioners and researchers to participate.

Family and Community Health

Invited speakers for international and local conferences

Dr Lorna Suen was invited as the keynote speaker for the conference on occupational hygiene on 27 April. She spoke on the topic “Self-Contamination during Doffing of Personal Protective Equipment by Healthcare Workers to Prevent Ebola Transmission”.

The conference was jointly organised by the Hong Kong Institute of Occupational and Environmental Hygiene; Health, Safety and Environment Office of the Hong Kong University of Science & Technology; and PolyU’s Health, Safety and Environment Office.

Dr Lin Yang was invited as a speaker for the Ecosystem Change and Population Health Symposium, held on 3-4 June in Brisbane, Australia. She spoke about indoor environments and the risk of acute respiratory illness in the elderly of Hong Kong.
Mental Health Care

Members extended research and partnership networks

Dr Daniel Bressington, Dr Grace Ho, Dr Teris Cheung and Dr Daphne Cheung visited the University of Macau on 20 May to discuss potential research collaborations. They met with Prof. Yutao Xiang (centred in photo) and his research team to identify shared research interests, and potential partners in the Greater Bay Area and further afield in Mainland China. Following this visit, theme members also met with colleagues at Macao Polytechnic Institute.

In June, Prof Maritta Välimäki was invited to visit the Central South University, Xiangya School of Nursing, Mainland China. Dr Daniel Bressington visited Canterbury Christ Church University, the UK, to discuss research collaborations.

Theme members visited Macau’s higher education institutes.
Research Publications


Student leaders shared about their mentorship experiences

From January to April, five nursing students joined the School’s Student Leadership Development Programme to provide mentorship to junior mental health nursing students and training for delivering primary health care projects on end-of-life care planning (e.g., the concept of palliative care and advance directives) to older adults. The student leaders shared about their mentorship experiences and gains. Let’s hear what they said.

Students who joined the new Mentorship Practical Scheme

Mr William Chow (Year-4 student on the BSc [Hons] in Mental Health Nursing programme):

“The junior students were well-prepared for learning and their learning attitudes were good…… I tried to prepare myself better by watching demonstrating videos, revising lecture notes and lab checklists before the sessions……I learnt a lot throughout the programme, including teaching skills, mentoring skills, communication skills, and leadership. It was a great experience and the programme allowed me to apply my knowledge in reality.”

Mr Oscar Lee (Year-3 student on the BSc [Hons] in Mental Health Nursing programme):

“I believed that peer influence can raise students’ interest and motivate the juniors in learning nursing skills…… I shared my experience and tips learnt in clinical placements. The mentoring sessions helped me recall nursing skills that I had learnt…… I tried to help the juniors pay attention to the concept of On-Scenario Case Assessment (OSCA) and understand the rationale behinds every step of nursing procedures……thank you for providing me a valuable opportunity to participate in the Mentorship Practical Scheme that has enhanced my leadership.”

Ms Wing-Yee Tang (Year-5 student on the BSc [Hons] in Nursing programme)

“I was not a flexible person and was sometimes passive. So, initially, I was nervous to take up the role of a student leader and to train a group of junior students for giving a health talk on “End-of-life care planning” to older adults. However, this programme allowed me to learn to be more proactive in communication for facilitating the understanding of both the juniors and older adults……… I have also developed my problem-solving skills on planning, implementing and evaluating of a primary health care project.”
Ms Pui-ling Wong (Year-5 student on the BSc [Hons] in Nursing programme)

“Some nursing students were not committed in their primary health care projects. They might see their projects as ways to fulfil the Primary health care requirements. Perhaps, developing a closer rapport and sharing of my inspiration in the beginning of the programme would help engage the junior better…… As a role model, I have learnt how to control my emotion better when the juniors did not perform the assigned tasks. I believed that it was more important to understand the reasons of not doing the tasks than to blame the students.”

Ms Louise Leung (Year-5 student on the BSc [Hons] in Nursing programme)

“I thought that life and death was a taboo in the Chinese society. However, I was totally wrong. Most elders we met were willing to share their significant life events with us……It was not easy to keep the attention of the elders throughout our lengthy educational talk, especially when some professional jargons were used during the talk……In the evaluation, we learnt that making the talk short and precise, and printing the pre-and-post surveys in larger fonts were also important……I am glad to have the opportunity to get involved in the primary health care activity. I was not good at public speaking or organising activities in a large group, but the primary health care activity has promoted my personal growth.”

▲ Ms Wing-Yee Tang, (1st from left) Ms Louise Leung (2nd from left) and Ms Pui-ling Wong (3rd from left) shared their experiences on the primary health care project.
Staff

- Prof. Alex Molasiotis was selected by the Neurological Complications Study Group of the Multinational Association of Supportive Care in Cancer (MASCC) to receive the Outstanding Abstract Award. The MASCC is an international multidisciplinary organisation dedicated to research and education in all aspects of supportive care for people with cancer. Congratulations!

![Prof. Alex Molasiotis received the award at the MASCC/ISOO Annual Meeting on Supportive Care in Cancer, held in San Francisco, USA, on 22 June.](image)

- Dr Grace Ho was named an Early Career Interdisciplinary Scholar by the Society for Research in Child Development. Congratulations!

![Dr Grace Ho (1st from left) was invited to present her study at the Society for Research in Child Development Biennial Meeting, held in Baltimore, the US.](image)

- Prof. Maritta Välimäki participated as a member of the Health Board of the National Funding by the Academy of Finland (Spring 2019). She was invited to assess competence of the position of “docentship” at the University of Tampere, Finland, in June.

- In June, Dr Daniel Brassington was invited as an external reviewer for research grant applications of the HCF Foundation, Australia. He was also invited as a workshop facilitator at the Growing Research and Researchers Conference, held in Canterbury Christ Church University, Canterbury, the UK.
- **Mr Patrick Kor** was awarded the Pi Iota Chapter scholarship to support his project titled “Effects of a Modified Mindfulness-Based Cognitive Therapy for Family Caregivers of People with Dementia: A Pilot Randomized Controlled Trial With a 3-Month Follow-Up”.

- Mr Lawrence Poon, Chief Manager (Nursing)/Chief Nurse Executive of the Hospital Authority presented the PIC scholarship to Mr Kor.

- **Dr John Yuen** has been appointed by the Innovation and Technology Commission of the HKSAR Government as a member of the assessment panel of the Enterprise Support Scheme (2019-2021). The scheme is a major funding initiative under the Innovation and Technology Fund, which is established to encourage the private sector to invest in research and development. He has also been appointed as a hall warden of the University’s student halls of residence in Hung Hom (2019-2021).

- **Prof. Frances Wong** has been appointed as Associate Dean of the Faculty of Health and Social Sciences (2019-2021).

- **Dr Mimi Tse** has been appointed by the Innovation and Technology Commission of the HKSAR Government as a member of the assessment panel of the Enterprise Support Scheme (2019-2021).

- Dr John Yuen has been appointed by the Innovation and Technology Commission of the HKSAR Government as a member of the assessment panel of the Enterprise Support Scheme (2019-2021). The scheme is a major funding initiative under the Innovation and Technology Fund, which is established to encourage the private sector to invest in research and development. He has also been appointed as a hall warden of the University’s student halls of residence in Hung Hom (2019-2021).

- **Dr John Yuen** has been appointed by the Innovation and Technology Commission of the HKSAR Government as a member of the assessment panel of the Enterprise Support Scheme (2019-2021). The scheme is a major funding initiative under the Innovation and Technology Fund, which is established to encourage the private sector to invest in research and development. He has also been appointed as a hall warden of the University’s student halls of residence in Hung Hom (2019-2021).

- **Prof. Frances Wong** has been appointed as Associate Dean of the Faculty of Health and Social Sciences (2019-2021).

- **Dr Mimi Tse** has been appointed by the Innovation and Technology Commission of the HKSAR Government as a member of the assessment panel of the Enterprise Support Scheme (2019-2021).

- **Dr Simon Lam** was invited as a consultant for the Caritas-Hong Kong.

- **Dr Simon Lam** was interviewed on Hong Kong Open TV, sharing the outcomes of HK happiness index survey on 15 May.

- The administrative staff of the BSc (Hons) in Nursing and BSc (Hons) in Mental Health Nursing programmes received a thank you card from our students in which gratitude was expressed to the administrative staff for their contribution to students’ learning experience and the implementation of academic advising in PolyU. The Office of General University Requirements launched a campaign to encourage students to write thank-you notes in recognition of the effort of PolyU’s secretary and administrative staff.

**Staff Movement**

- Farewell to **Dr Olivia Fung**, Assistant Professor (We wish you a happy retirement); **Dr Ada Lau**, Advanced Practice Nurse; **Ms Yuki Leung**, Assistant Officer; and **Mr Alex Yiu**, Technical Support Assistant. We thank them for their contributions during the time with us.

- Congratulations to **Mr Oscar Chung** on his promotion from Clinical Instructor to Clinical Associate and to **Dr Daphne Cheung** on her promotion from Research Assistant Professor to Assistant Professor.
**Students**

- A big congratulations to *Ms Shan Shan Wang*, our PhD student (Supervisors: Dr Daphne Cheung and Dr Angela Leung), who have been awarded the Fulbright - Research Grants Council (RGC) Hong Kong Research Scholar Award for supporting her research activity at Johns Hopkins University School of Nursing from September 2019 onwards. Shan Shan’s research interest is on bibliotherapy and dementia caregiving.

- *Mr Worku Animaw Temesgen* (PhD student) and Dr Daniel Bressington presented their study titled “*Conceptualizations of subjective recovery from recent onset psychosis and its associated factors: A systematic review*” at the 4th Australian Nursing and Midwifery Conference, held in Australia, on 2-3 May.

- Three students on the BSc (Hons) in Nursing programme, Ms Tsoi-ni Lai, Ms Tuen-yee Lau and Ms Wing-lam Lui received the scholarships on 29 May for attending the Global Leadership Exchange programme in the University of Maryland and the University of Southern California. The scholarships enable the students to pursue service-learning through 4 to 10 week exchange programmes that focus on civic engagement.

- The School received a letter of appreciation from a patient who was hospitalised in the medical ward of Queen Elizabeth Hospital, expressing gratitude to our students on placement for providing quality care and their teacher, *Ms Jacqueline Ho*, for providing good mentoring. The year-4 students receiving the compliment are on the BSc (Hons) in Nursing programme. They are: *Ms Tin-wing Chan, Ms Ka-wai Cheung, Ms Sum-miu Cheung, Ms Ka-ching To, Ms Hau-yi Wong* and *Ms Lam Yau*. Well-done!

- Final year students on the BSc (Hons) in Nursing programme received the appreciation certificates on 6 April from their Programme Leaders in the pre-graduation celebration event.
Alumni

- Congratulations to our alumna, Ms Siu-ming Susan Law, Nurse Consultant of Princess Margaret Hospital, who received the Outstanding Staff Award from the Hospital Authority. Ms Law is dedicated to promoting quality stoma and wound care. Under her leadership, Princess Margaret Hospital’s first nurse-led stoma and wound care clinic was established in 1994. The clinic is now serving almost 2,000 attendances a year. She led a multi-disciplinary team to monitor pressure injury incidences and their effort has resulted in a significant reduction in the pressure injury incidence rate of the hospital. Details of Ms Law’s achievement, please click here.

Alumni Association of Nursing Studies

(Jun)

- The executive members of the Alumni Association of Nursing Studies (AANS) provided primary care services and health education to the elders in Tsim Sha Tsui Greens Park Elders Home.

- The AANS invited Dr David Chan as the speaker for the ECG Interpretation Course.

- Ms Suki Ho, the Departmental Alumni Liaison Officer (DALO) of the School, attended a dinner gathering with the alumni leaders and DALOs to share experience in coordinating the alumni affairs and activities.
<table>
<thead>
<tr>
<th>Date</th>
<th>6 May 2019</th>
</tr>
</thead>
<tbody>
<tr>
<td>Institution / Organisation</td>
<td>Chiang Mai University</td>
</tr>
<tr>
<td>Country</td>
<td>Thailand</td>
</tr>
<tr>
<td>Visitors</td>
<td>A delegation from the Faculty of Nursing</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Date</th>
<th>27 May 2019</th>
</tr>
</thead>
<tbody>
<tr>
<td>Institution / Organisation</td>
<td>Sichuan hospitals</td>
</tr>
<tr>
<td>Country</td>
<td>Mainland China</td>
</tr>
<tr>
<td>Visitors</td>
<td>A delegation from Sichuan hospitals 遠離疫病，帶萬家安康四川衛生防疫交流團</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Date</th>
<th>17 June 2019</th>
</tr>
</thead>
<tbody>
<tr>
<td>Institution / Organisation</td>
<td>The Hong Kong Polytechnic University</td>
</tr>
<tr>
<td>Country</td>
<td>Mainland China</td>
</tr>
<tr>
<td>Visitors</td>
<td>Students of the School’s MSc in Disaster Nursing programme</td>
</tr>
<tr>
<td>Date</td>
<td>28 June 2019</td>
</tr>
<tr>
<td>--------------</td>
<td>--------------</td>
</tr>
<tr>
<td>Institution / Organisation</td>
<td>Chung-Ang University</td>
</tr>
<tr>
<td>Country</td>
<td>South Korea</td>
</tr>
<tr>
<td>Visitors</td>
<td>A delegation from Red Cross College of Nursing</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Date</th>
<th>17 July 2019</th>
</tr>
</thead>
<tbody>
<tr>
<td>Institution / Organisation</td>
<td>Zhengzhou University</td>
</tr>
<tr>
<td>Country</td>
<td>Mainland China</td>
</tr>
<tr>
<td>Visitors</td>
<td>A delegation of College of Public Health</td>
</tr>
</tbody>
</table>
**Current Issues**

(2 May - 6 Jun)
Collaborated with Hong Kong Enterostomal Therapists Association, the School organised the Wound Care course (module one) to enhance the skills of nurses.

(3 May)
The School held the Clinical Partners Appreciation Ceremony to express our gratitude to partner institutes/organisations and our Honorary Clinical Instructors for providing supportive clinical learning environments to our students.

(Lower photo): A certificate of commendation was presented to our year-5 student [the BSc (Hons) in Nursing programme], Mr Ting-fung Lo, in recognition of his outstanding performance during clinical placement.

(10 May)
Prof. David Shum, Dean of the Faculty of Health and Social Sciences, presented the faculty’s strategic plan (2019/20 to 2024/25) to our academic staff.

(11 May)
Colleagues and nursing students attended the seminar cum dinner organised by the Hong Kong Academy of Nursing Limited to celebrate the International Nurses Day.

(18 May)
Prospective students attended the School's information seminars and consultation sessions on the PolyU JUPAS Consultation Day to obtain the latest information on our undergraduate programmes.
The Pi Iota Chapter (PIC), Sigma Theta Tau International Honor Society of Nursing, held the Annual General Meeting and the 20th Induction Ceremony on 25 May at PolyU. Dr Mary Foong, Principal Nursing Officer, Public Health Nursing Division of the Department of Health delivered a keynote speech at the event.

Thirty-three people were inducted this year. The PIC scholarships (2018/2019) were presented to two nurse leaders. Prior to the AGM, a paper writing advanced training workshop was organised by the PIC for nursing scholars.

Ms Phyllis Pang, Dr Wong Wai Kit and Mr Oscar Chung led groups of students to Cambodia and Indonesia for service learning. The visits aimed to promote healthy lifestyle to community residents living in slums and remote villages through health surveys and education.

Members of the Mental Health Care theme presented their studies at the 16th European Society for Traumatic Stress Studies Conference, held in the Netherlands and the Global Nurse Education Conference in Indonesia.
(May to Jul)

More than 150 visitors participated in the open day of the School’s Integrative Health Clinic (IHC) on 24-25 May. Nursing students provided free health checks and health seminars were delivered. The Centre also organised the Youth Mental Health First Aid Course and the Music-with-Movement Intervention Workshop for People with Cognitive Impairment.

(21 Jun)

During the visit to Duke University (the US), Dr Angela Leung delivered a talk titled “Supporting Dementia Caregivers: What They Want and What Is Being Given?” at the research forum organised by the School of Nursing.

(22 Jun)

The School and the Life Inhering Association (NGO) jointly organised a public talk on life education for promoting family connection during the end of life care. Prof. Cecilia Chan (the Department of Social Work and Social Administration, HKU) and Mr Peter Lo (a lawyer and 居士) were the speakers. Over a hundred audience attended the talk.

(3-4 Jul)

Over 90 secondary school students joined the School’s summer programme to learn more about our undergraduate programmes. They also participated in the simulation and AED workshop, health promotion activities, and virtual reality tour.

(25-27 Jul)

Prof. Alex Molasiotis, Dr Lorna Suen, and Dr Angela Leung visited Johns Hopkins University and met with our Departmental Academic Advisor, Prof. Patricia Davidson (Professor and Dean at the School of Nursing, Johns Hopkins).
<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>Speaker</th>
</tr>
</thead>
<tbody>
<tr>
<td>3 May</td>
<td>The Experience on Flipped Classroom in a Large Class: How Did the Nursing Students Behave?</td>
<td>Dr John Yuen, Associate Professor, SN, PolyU</td>
</tr>
<tr>
<td>10 May</td>
<td>Building Capacity for Effective Advanced Practice Nursing Role Design, Implementation, and Evaluation: Integrating PEPPA into the Graduate Program Curriculum</td>
<td>Dr Denise Bryant-Lukosius, Associate Professor, School of Nursing and Department of Oncology &amp; Co-Director for the Canadian Centre for Advanced Practice Nursing Research at McMaster University, Canada</td>
</tr>
<tr>
<td>28 May</td>
<td>Delineating Specialized and Advanced Practice Nursing Roles in Canada: National and International Implications for Practice, Education, and Research</td>
<td></td>
</tr>
<tr>
<td>21 Jun</td>
<td>Biopsychosocial Health Profile of Elder Adults with Multimorbidity in Primary Care in Hong Kong</td>
<td>Prof. Daisy Zhang, Research Assistant Professor, The Jockey Club School of Public Health and Primary Care, Faculty of Medicine, CUHK</td>
</tr>
<tr>
<td>30 May</td>
<td>Transforming Cancer Care with Electronic Patient Reported Outcome Measures (Eproms): Early Experience from the UK</td>
<td>Prof. Janelle Yorke, Joint Chair in Nursing with University of Manchester &amp; The Christie Hospital, UK</td>
</tr>
<tr>
<td></td>
<td>Systematic Review: Important Principles and Empirical Examples</td>
<td>Prof. Zuyao Yang, Research Assistant Professor, Division of Epidemiology, School of Public Health and Primary Care, CUHK</td>
</tr>
</tbody>
</table>