

工作坊簡介

Abstract of Workshops

W001 – Adolescent Health & Development

Session 1 – Adolescent Growth and Development

Upon completion of the workshop, learners will be able to:

- Identify the impact and significance of the biological, physical, cognitive, moral and social/emotional growth and developmental changes in each stage of adolescence
- Explain how physical and developmental changes during adolescence influence their family and peer relationships
- Identify measures to promote healthy adolescent development within the context of family and community, taking into account developmental changes and adolescents' need to achieve a sense of identity

Session 2 – Assessment and planning for adolescent health and development – A public health approach

Upon completion of the workshop, learners will be able to:

- Develop knowledge and attitudes that reflect an understanding of the effects of a multiplicity of issues and factors influencing adolescent health and development, including cultural, socio-economic, family, community and other variables
- Identify and analyze the available vital epidemiological data at national and local levels regarding adolescent morbidity and mortality, self-reported health status and needs, and access to care
- Describe reasons and rationales for investing in adolescent health and development; explain the principles, theoretical frameworks and/or public health approaches that support adolescent health and development

Session 3 – Communication and counseling skills in working with adolescents and their families

Upon completion of the workshop, learners will be able to:

- Help others to understand adolescence and appropriately describe personal values and attitudes to providing health services/care to adolescents
- Show an understanding of the issues of confidentiality, privacy and legal aspects of adolescent care
- Create an environment conducive to the free expression of opinions and ideas by adolescents, and the use of effective communication, counseling and interpersonal skills in engaging adolescents and their families

Date: 19 & 20 August 2009 (Wed & Thurs)

Time: 09:00-17:00

Venue: PQ413

PQ 413 : 九龍紅磡香港理工大學 PQ 座(蒙民偉樓)4 樓 PQ413 室

Room PQ 413, 4/F, PQ Core (Mong Man Wai Building), The Hong Kong Polytechnic University, Hunghom, Kowloon

CGP-21 : 香港理工大學護理學院, 尖沙咀東麼地道 77 號華懋廣場 3 樓 301 室

Unit 301, 3/F., Chinachem Goldenplaza, 77 ModyRoad, TsimshatsuiEast, Kowloon

Facilitators:

¹Dr Patanjali Dev Nayar, Technical Officer, Child & Adolescent Health & Development, Western Pacific Region, World Health Organization

²Dr Regina Lee, Assistant Professor, School of Nursing, The Hong Kong Polytechnic University

Target: School nurses only

Capacity: 20

Language: English (supplemented with Cantonese)

CNE points: 16